

# **Celebrating Goals and Dreams in the Now, Overcoming Obstacles, Odds and Impacting Generations Presentation**

**Craig J. Phillips MRC, BA Second Chance to Live**

For many years of my life, I had a dream. But on the way to that milestone, I experienced disappointment, discouragement and despondency. Because I experienced disappointment, discouragement and despondency I questioned.

## **Struggle worth the Effort?**

I questioned whether the struggle was worth the effort. Worth the effort because things were not progressing. Were not progressing as I thought they should. As I thought they “should be” given the time, effort and dedication that I put into realizing the dream.

My dream of achieving and obtaining the dream and goal of becoming a black belt. A black belt in [International Martial Arts and Boxing](#) (IMB). Achieving and obtaining the goal and dream, when giving up on the goal and dream would have been easier.

## **But thank God that I Did not Give Up**

In the midst of questioning myself, I learned an extremely valuable lesson. The lesson revealed to me that I no longer had to wait. I no longer had to wait to live and experience the goal and dream. Instead, I could live my goal and dream in “my now”.

## **I Realized that I no Longer had to Wait**

Although I had not yet achieved/obtained my black belt, I realized that I no longer had to wait. No longer had to wait to celebrate the achieving/obtaining of my black belt in **IMB**. Instead, I could grasp the goal and dream in the now by celebrating my progress.

## **Celebrating each Part and Step in my Progress and Process**

I could celebrate each step and part in my process. Each step and part of the process and journey towards achieving/obtaining my black belt. By celebrating each step along the way, I realized the I no longer had to wait to live my dream of becoming a black belt.

## **I No longer had to Wait until the Fulfillment of the Goal or Dream**

The lesson taught me that did not have to wait to celebrate. Wait to celebrate the achieving/obtaining/accomplishing of any goal and dream. I could celebrate each part in the process of achieving any goal and dream, instead of waiting for “it’s” fulfillment.

**“What you get by achieving your goals is not as important as what you become by achieving your goals.” Zig Ziglar**

## **We Don't Have to Wait to Celebrate Our Goal (s) and Dream (s)**

You may also have a goal or a dream that you have been working towards. As a result, you may be putting off celebrating. Celebrating the reaching of your current goal (s) and dream (s). Or the goals and dreams, that you want to accomplish/achieve in your future.

### **The Good News is that We no Longer have to Wait to Celebrate**

My encouragement to you would be to; as I need to do and remember, celebrate each step and part of the goal and dream. Each step and part in the process of obtaining your goal (s) and dream (s) instead of waiting to celebrate. Celebrate the fulfillment.

### **We don't have to Wait to Find the "Pot of Gold" at the Fulfillment**

The good news is that we no longer have to wait to find the "pot of gold". The pot of gold at the "end of the rainbow". The "end of the rainbow" by achieving/obtaining our goal(s) or dream(s). We can experience our "pot of gold" by celebrating now.

### **We Don't Have to Wait to be Encouraged**

We can celebrate each part and step in the process of working towards our goal (s) and dream (s). By celebrating our progress (a little at a time, one step at a time), we can let go. Let go of the timing and outcome(s) of when we achieve our goal(s) and dream(s).

### **We can Stay Encouraged through the Process**

By celebrating what we have achieved and accomplished on the way to our goal (s) and dream (s), we can stay encouraged. Encouraged to keep moving forward, toward the achieving, obtaining and accomplishing of our goal (s) and dream (s); a little at a time.

### **Celebrating Our Progress**

By celebrating our progress, we are able to celebrate our goal(s) and dream(s) in the now. We are able to celebrate the progress – be it a little at a time -- even when we face. Face disappointment, discouragement, despondency and adversity.

**"Goals give you a mark to shoot for and keep you motivated when you face adversity." Benjamin Watson**

**Disappointments, discouragement, despondency and setbacks in our progress.**

### **No Worries**

**"Big things have small beginnings." Prometheus**

**"The journey of a thousand miles begins with the first step." Lao Tzu**

**"Inch by inch, life's a cinch. Yard by yard, life's hard." John Bytheway**

**"All life is an experiment. The more experiments the better." Ralph Waldo Emerson**

**“Decision is the spark that ignites action. Until a decision is made, nothing happens.” Wilfred A. Peterson**

**“Research your own experience. Absorb what is useful, reject what is useless and add specifically your own creation.” Bruce Lee**

**“Sometimes adversity is what you need to face in order to become successful.” Zig Ziglar**

**“Everyone is a genius, but if you judge a fish by its ability to climb a tree, it will live its whole life believing that is stupid.” Albert Einstein**

### **Obstacles in Our Way**

But along the way we still may become discouraged, disappointed and despondent because of the obstacles. Obstacles that get in the way of our efforts to succeed.

Obstacles that can lead us to believe that all our efforts, thus far, simply do not matter. Do not matter because we see no significant gains. That we will never be successful.

That no matter how hard we try to succeed in our lives, we seem to fail. As a result, we may be tempted to give up on our goals and dreams. Goals and dreams for ourselves.

**“Forget about the consequences of failure. Failure is only a temporary change in direction to set you straight for your next success.” Denis Waitley**

**“History has demonstrated that the most notable winners usually encountered heart breaking obstacles before they succeeded. They won because they refuse to be discouraged by their defeats.” B.C. Forbes**

**But there is good news. We will triumph, if we do not give up. Do not give up on our goal (s) and dream (s) and we keep moving forward!**

### **We are not Alone**

#### **People who Overcame Obstacles and Odds to Impact Generations**

**“Every strike brings me closer to the next home run.” Babe Ruth**

**“So often we become so focused on the finish line, that we fail to enjoy the journey.” Dieter F. Uchtdorf**

**“Everyone is trying to accomplish something big, not realizing that life is made up of little things.” Frank A. Clark**

**“I have not failed. I've just found 10,000 ways that won't work.” Thomas A. Edison**

#### **People who Encourage Us by their Example**

#### **A List of 50 People who Succeeded because They did Not Give Up!**

Below is a list of 50 people who encourage me, by their example, to not give up on my goals and dreams when I face obstacles, disappointments, discouragement, adversity

**Note:** The below list is copied from **Peter Shepherd's** website [Trans4Mind Personal Growth Resources](#). I give him full credit for the below: [But They Did Not Give Up](#)

With his permission, I am sharing the list of individuals who did not give up... As you read the list may you, too, be encouraged to not give up on your goal(s) or dream(s).

### **Albert Einstein**

Did not speak until he was 4-years-old and did not read until he was 7. His parents thought he was "sub-normal," and one of his teachers described him as "mentally slow, unsociable, and adrift forever in foolish dreams." He was expelled from school and was refused admittance to the Zurich Polytechnic School. He did eventually learn to speak and read. Even to do a little math.

### **Beethoven**

Handled the violin awkwardly and preferred playing his own compositions instead of improving his technique. His teacher called him "hopeless as a composer." And, of course, you know that he wrote five of his greatest symphonies while completely deaf.

### **Leo Tolstoy**

Flunked out of college. He was described as both "unable and unwilling to learn." No doubt a slow developer.

### **Walt Disney**

Was fired by a newspaper editor because "he lacked imagination and had no good ideas." He went bankrupt several times before he built Disneyland. In fact, the proposed park was rejected by the city of Anaheim on the grounds that it would only attract riffraff.

### **Winston Churchill**

Failed sixth grade. He was subsequently defeated in every election for public office until he became Prime Minister at the age of 62. He later wrote, "Never give in, never give in, never, never, never, never – in nothing, great or small, large or petty – never give in except to convictions of honor and good sense. Never, Never, Never, Never give up."  
(his capitals, mind you)

### **Thomas Edison**

His teachers said he was "too stupid to learn anything." He was fired from his first two jobs for being "non-productive." As an inventor, Edison made 1,000 unsuccessful attempts at inventing the light bulb. When a reporter asked, "How did it feel to fail 1,000 times?" Edison replied, "I didn't fail 1,000 times. The light bulb was an invention with 1,000 steps."

### **Abraham Lincoln**

As a young man went to war a captain and returned a private. Afterwards, he was a

failure as a businessman. As a lawyer in Springfield, he was too impractical and temperamental to be a success. He turned to politics and was defeated in his first try for the legislature, again defeated in his first attempt to be nominated for congress, defeated in his application to be commissioner of the General Land Office, defeated in the senatorial election of 1854, defeated in his efforts for the vice-presidency in 1856, and defeated in the senatorial election of 1858. At about that time, he wrote in a letter to a friend, "I am now the most miserable man living. If what I feel were equally distributed to the whole human family, there would not be one cheerful face on the earth."

### **Sigmund Freud**

Was booed from the podium when he first presented his ideas to the scientific community of Europe. He returned to his office and kept on writing.

### **Charles Darwin**

Gave up a medical career and was told by his father, "You care for nothing but shooting, dogs and rat catching." In his autobiography, Darwin wrote, "I was considered by all my masters and my father, a very ordinary boy, rather below the common standard of intellect." Clearly, he evolved.

### **Vince Lombardi**

An expert said of him: "He possesses minimal football knowledge and lacks motivation." Lombardi would later write, "It's not whether you get knocked down; it's whether you get back up."

### **Babe Ruth**

Is famous for his past home run record, but for decades he also held the record for strikeouts. He hit 714 home runs and struck out 1,330 times in his career (about which he said, "Every strike brings me closer to the next home run."). And didn't Mark McGwire break that strikeout record? (John Wooden once explained that winners make the most errors.)

### **Michael Jordan & Bob Cousy**

Were each cut from their high school basketball teams. Jordan once observed, "I've failed over and over again in my life. That is why I succeed."

### **Stan Smith**

was rejected as a ball boy for a Davis Cup tennis match because he was "too awkward and clumsy." He went on to clumsily win Wimbledon and the U. S. Open. And eight Davis Cups.

### **Charles Schultz**

Had every cartoon he submitted rejected by his high school yearbook staff. Oh, and Walt Disney wouldn't hire him.

### **Fred Astaire**

After his first screen test the memo from the testing director of MGM, dated 1933, read, "Can't act. Can't sing. Slightly bald. Can dance a little." He kept that memo over the fireplace in his Beverly Hills home. Astaire once observed that "when you're experimenting, you have to try so many things before you choose what you want, that you may go days getting nothing but exhaustion." And here is the reward for perseverance: "The higher up you go, the more mistakes you are allowed. Right at the top, if you make enough of them, it's considered to be your style."

### **Sidney Poitier**

After his first audition was told by the casting director, "Why don't you stop wasting people's time and go out and become a dishwasher or something?" It was at that moment, recalls Poitier, that he decided to devote his life to acting.

### **Lucille Ball**

When she began studying to be actress in 1927, she was told by the head instructor of the John Murray Anderson Drama School, "Try any other profession."

### **Jerry Seinfeld**

The first time he walked on-stage at a comedy club as a professional comic, he looked out at the audience, froze, and forgot the English language. He stumbled through "a minute-and a half" of material and was jeered offstage. He returned the following night and closed his set to wild applause.

### **Marilyn Monroe**

In 1944, Emmeline Snively, director of the Blue Book Modeling Agency, told modeling hopeful Norma Jean Baker, "You'd better learn secretarial work or else get married." I'm sure you know that Norma Jean was Marilyn Monroe. Now . . . who was Emmeline Snively?

### **Jeanne Moreau**

At the age of 21 was told by a casting director that her head was too crooked, she wasn't beautiful enough, and she wasn't photogenic enough to make it in films. She took a deep breath and said to herself, "Alright, then, I guess I will have to make it my own way." After making nearly 100 films her own way, in 1997 she received the European Film Academy Lifetime Achievement Award.

### **Harrison Ford**

After his first performance as a hotel bellhop in the film *Dead Heat* on a Merry-Go-Round, the studio vice-president called him in to his office. "Sit down kid," the studio head said, "I want to tell you a story. The first time Tony Curtis was ever in a movie he delivered a bag of groceries. We took one look at him and knew he was a movie star." Ford replied, "I thought you were supposed to think that he was a grocery delivery boy." The vice president dismissed Ford with "You ain't got it kid, you ain't got it . . . now get out of here."

### **Michael Caine**

His headmaster told him, "You will be a laborer all your life."

### **Charlie Chaplin**

Was initially rejected by Hollywood studio chiefs because his pantomime was considered "nonsense."

### **Enrico Caruso**

His music teacher said he had no voice at all and could not sing. His parents wanted him to become an engineer.

### **The Beatles**

Were turned down by Decca Records who said "We don't like their sound. Groups of guitars are on their way out." After Decca rejected the Beatles, Columbia records followed suit.

### **Elvis Presley**

Was fired in 1945 by Jimmy Denny, manager of the Grand Ole Opry, after one performance. He told Presley, "You ain't goin' nowhere, son. You ought to go back to drivin' a truck."

### **The Impressionists**

Had to arrange their own art exhibitions because their works were routinely rejected by the Paris Salon. How many of you have heard of the Paris Salon?

### **Picasso**

A Paris art dealer refused him shelter when he asked if he could bring in his paintings from out of the rain. One hopes that there is justice in this world and that the art dealer eventually went broke.

### **Van Gogh**

Sold only one painting during his life. And this to the sister of one of his friends for 400 francs (approximately \$50). This didn't stop him from completing over 800 paintings.

### **John Constable**

His luminous painting Watermeadows at Salisbury was dismissed in 1830 by a judge at the Royal Academy as "a nasty green thing."

### **Auguste Rodin**

His father once said, "I have an idiot for a son." Described as the worst pupil in the school, he was rejected three times admittance to the Ecole des Beaux-Arts. His uncle called him ineducable. Perhaps this gave him food for thought.

### **Igor Stravinsky**

Was run out of town by an enraged audience and critics after the first performance of the Rite of Spring.

### **Louisa May Alcott**

The author of 'Little Women' was encouraged to find work as a servant by her family.

### **E.E Cummings**

15 publishers rejected his manuscript. When he finally got it published by his mother, the dedication, printed in uppercase letters, read WITH NO THANKS TO . . . followed by the list of publishers who had rejected his prized offering. Nice going Eddie. Thanks for illustrating that nobody loses all the time.

### **Emily Dickinson**

Only had seven poems published in her lifetime.

### **Richard Hooker**

21 publishers rejected his humorous war novel, M\*A\*S\*H. He had worked on it for seven years.

### **James Joyce**

22 publishers rejected 'The Dubliners'.

### **Dr. Seuss**

27 publishers rejected his first book 'To Think That I Saw It on Mulberry Street'.

### **Jack London**

Received six hundred rejection slips before he sold his first story.

### **John Creasey**

The English crime novelist got 753 rejection slips before he published 564 books.

### **William Saroyan**

Accumulated more than a thousand rejections before he had his first literary piece published.

### **John Milton**

Wrote Paradise Lost 16 years after losing his eyesight.

### **Gertrude Stein**

Submitted poems to editors for nearly 20 years before one was finally accepted.

### **Louis Pasteur**

Was only a mediocre pupil in undergraduate studies and ranked 15th out of 22 students in chemistry.

### **Henry Ford**

Failed and went broke five times before he succeeded.

### **F. W. Woolworth**

was not allowed to wait on customers when he worked in a dry goods store because, his boss said, “he didn’t have enough sense.”

### **R. H. Macy**

Failed seven times before his store in New York City caught on.

### **Bell Telephone**

When struggling to get started, its owners offered all their rights to Western Union for \$100,000. The offer was disdainfully rejected with the pronouncement, “What use could this company make of an electrical toy.”

### **Robert Goddard**

Found his ideas bitterly rejected by his scientific peers on the grounds that rocket propulsion would not work in the rarefied atmosphere of outer space.

### **More will Be Revealed so Don’t Give Up!**

**“Success is not final; failure is not fatal: it is the courage to continue that counts.” Winston S. Churchill**

**“Do what you can, with what you have, where you are.” Theodore Roosevelt**

**“Sometimes adversity is what you need in order to be successful.” Zig Ziglar**

**“Don’t judge your day by the harvest you reap, but by the seeds you plant.”  
Robert Louis Stevenson**

**“I was told over and over again that I would never be successful, that I was not going to be competitive and the technique was simply not going to work. All I could do was shrug and say “We’ll just have to see”.” Dick Fosbury winner of the gold medal in the high jump in the 1968 Mexico City Olympics**

### **We Can be Among the Next 50 People who Overcome Despite being...**

Overcome despite how many times we may fail in our attempts to succeed. Overcome and succeed in our chosen field of interest in ways that work through our diligent efforts.

### **By Celebrating “Now”, By Overcoming Odds and By Not Giving Up**

### **What I Needed to Do to be Able to Celebrate in my “Now”, Overcome various Obstacles, Beat the Odds and Impact Generations**

I needed to examine my relationship God. I needed to why I was angry with God. I needed to examine why I had a difficult time trusting God and the process.

### **What I Discovered that Changed my Perspective**

As I examined why I was angry at God I realized that I had unfairly been angry at Him. Unfairly angry at God, because I did not get what I wanted in life at the time.

### **But thank God for unanswered Prayers**

Wanted in life because of all my hard work and dedication. Hard work and dedication that I had given to all my endeavors. But little did I know at the time that although...

Although I was angry at God, all my circumstances were essential. Essential to what I needed to learn to be able to fulfill the purpose and plan for my life, yet to be revealed.

**My disappointments, discouragement and despondency were setting me up, not setting me back. I just was not able to see that at the time.**

Although I did and could not value my disappointments, discouragement and despondency at the time, they turned out to be guides. Guides on my journey.

### **As I became Aware, I Discovered**

I discovered that I needed let go of my past disappointments. I needed to grieve my past expectations of how I thought life “should have been” to be able to move forward.

I needed to let go of the anger that I unfairly had toward God and my expectations, so that I could learn to trust. Trust God, the process and that more would be revealed.

Revealed to me with time as pieces of the puzzle (of my life) appeared and connected.

**You can't connect the dots looking forward; you can only connect them looking backwards. So, you have to trust that the dots will somehow connect in your future. You have to trust in something – your gut, destiny, life, karma, whatever. This approach has never let me down, and it has made all the difference in my life.” Steve Jobs**

**“We must be willing to let go of the life we planned, so as to have the one that is waiting for us.” Joseph Campbell**

### **Grieving and Learning to Trust God, my Process and Journey**

Several years ago I wrote an article [Comprehensive History of Second Chance to Live — Answering the Call that never Came](#). I did so to give insight into my journey.

### **Could no Longer Afford to Wait**

For 39 years I waited for someone, a group, an organization, a church, an employer or a relationship to recognize my worth and value. Worth and value as an individual.

You see, I bought into the notion that I had to obtain some type of stamp or validation of approval before my gifts, talents and abilities could be counted and seen as valuable.

Sure, I used my gifts, talents and abilities, but I did not feel as though my gifts, talents and abilities were that significant. As a result, I spent many years waiting for validation.

### **But the Call never Came**

But the validation never came, so I realized that I alone needed to figure out. Figure out how to use my gifts, talents and abilities to follow my dreams and fulfill my purpose.

I needed to learn how to celebrate each part and step in the process of validating my own dream (s). I could not longer wait, but needed to get busy, building on my lot in life.

**“Not everyone will understand your journey. That’s okay. You’re here to live your life, not to make everyone understand.” Banksy**

### **You. Too, may Need to Answer the Call that Never Came**

No one may be able to give you the answers. As a result, like I have, you may need to discover for yourself. Discover for yourself how to use what you have in ways that work.

**“Don’t wait for someone to bring you flowers. Plant your own garden and decorate your soul.” Mario Quintana**

**“Do what you can, with what you have, where you are.” Theodore Roosevelt**

**“You may be the only person left who believes in you, but it’s enough. It takes just *one star* to pierce a universe of darkness. Never give up.” Richelle E. Goodrich**

**“Regardless of your lot in life, you can build something beautiful on it.” Zig Ziglar**

### **My Process and Journey in a Snapshot**

**For more detail than below, click on this link: [Celebrating](#)**

**10 years** to obtain my undergraduate degree in Theology — English Bible, Biblical Literature with a Minor in Physical Education/Recreation.

**3 1/2 years** to obtain my graduate degree in Rehabilitation Counseling.

**20 years** of getting and losing both non-professional and professional jobs,

Client of **2 State Department of Vocational Rehabilitation Offices**, the **2nd Vocational Evaluation** found me to be unemployable **1998**.

**3 Applications** for SSDI with the Social Security Administration, my **3rd application** approved. Began living on a fixed income in **1999**.

Took **7 more years**; after being found to be unemployable to find a way to use my gifts, talents and abilities in ways that would work for me.

## **Created Second Chance to Live on February 6, 2007**

Created **Second Chance to Live** nearly **17 years** ago to share hope. To encourage individuals to celebrate goals, dreams, overcome the odds and to impact generations.

## **Accomplished since being told I was unemployable**

Created Second Chance to Live nearly 17 years ago. Written [2130 articles](#), created [451 video and slide show presentations](#), [24 keynote/zoom presentations](#), written [12 eBooks](#), [led by example](#) creating new neural pathways and brain reorganization and given [128 keynote and zoom presentations](#) throughout the United States and have positively impacted lives [domestically and internationally](#).

## **Some of the countries where lives have been impacted by my journey**

United States, Brazil, Canada, United Kingdom, Ireland, Russia, China, Hong Kong, India, France, Spain, Ukraine, Finland, Romania, Poland, Croatia, Indonesia, Belgium, Sweden, Armenia, Germany, Greece, Fiji, Philippines, Japan, Vietnam, Serbia, Slovenia, Portugal, Morocco, Egypt, Columbia, El Salvador, Singapore, Malta, Malaysia, Saudi Arabia, Nigeria, Myanmar (Burma), Pakistan, Switzerland, Thailand, Israel, Turkey, Australia, New Zealand, Bosnia-Herzegovina, Netherlands, Ghana and South Africa.

## **Among Groups and Organizations including Second Chance to Live**

Brain Injury Association of Louisiana/United Spinal Louisiana Chapter

Inova Loudon Outpatient Specialty Rehabilitation Hospital

Brain Injury Association of Virginia

Cleveland Clinic Brain Injury and Long Covid-19 Support Groups

Medstar National Rehabilitation Hospital Brain Injury Support Group

Penn Presbyterian Hospital Brain Injury Support Group

Overland Park Rehabilitation Hospital Brain Injury Support Group

Adventist Rehabilitation Hospital Brain Injury Support Group

Magee Rehabilitation Hospital Brain Injury Support Group

Encompass Rehabilitation Hospital In Service for Support Staff and Brain Injury Support Group

Brooks Rehabilitation Hospital Brain Injury Support Groups

Carolinas Rehabilitation Hospital in Service for Support Staff

Charlotte Area Brain Injury Network (CABIN) Brain Injury Support Group

Colorado Department of Education Kaleidoscope Conference for Educators and Students

University of North Carolina — Chapel Hill Brain Injury Support Group

University of California at Berkeley Synapse Brain Injury Support Group

Columbia University Synapse Brain Injury Support Group

Harvard University Synapse Brain Injury Support Group

Synapse National Future Leaders in Brain Injury Conference Panelist “Navigating the Healthcare System as a Person with a Brain Injury”

Alamo Head Injury Association Support Group

Brain Injury Association of New York State Support Group

Brain Injury Association of Iowa Support Group

Chattanooga Area Brain Injury Association Brain Injury Support Group

Gateway Clubhouse Brain Injury Support Group

Brain Injury Association of Mississippi Brain Injury Support Group

Brain Injury Association of Georgia Veteran Brain Injury Support Group

Fayetteville North Carolina Brain Injury Support Group

Beacon Clubhouse Brain Injury Support Group

Brain Injury Services Adapt Clubhouse Communication Support Groups

Brain Injury Association of Colorado Headstrong Publication

Brain Injury Network of Dallas (BIND) Brain Injury Support Group

The Bridgeline Brain Injury Clubhouse Brain Injury Support Group

Side by Side Brain Injury Clubhouse Brain Injury Support Group

The Empower Brain Injury Clubhouse Brain Injury Support Group

Brain Injury Association of Indiana Brain Injury Support Group

Beechwood NeuroRehab Community-Integrated Brain Injury Specialty Programs Support Groups

Seminole Spirit Speech and Language Brain Injury Support Group

18th Annual IBICA — International Brain Injury Clubhouse Alliance Virtual Conference

Brain Injury Association of Tennessee Brain Injury Support Group

Shadyside Brain Injury Support Group

SOAR — Empowering Individuals with Differing Abilities Brain Injury Support Group

Brain Injury Association of Massachusetts Support Groups

Rehab without Walls Brain Injury Support Groups

Brain Injury Association of South Carolina Brain Injury Support Group Leaders Annual Workshop

Brain Injury Association of Vermont Brain Injury Support Group

Council on Brain Injury CoBI ReDiscoverU Sessions Brain Injury Support Groups

Head Injury Association of Northern Nevada Brain Injury Support Group

North Dakota Brain Injury Network Webinar Wednesdays

Brain Injury Association of North Carolina Statewide Support Groups

Brain Injury Association of Louisiana Support Group

Southeast Brain Support for TBI and Stroke

European Brain Injury Society Publication

Intute in the United Kingdom Publication

Center for Disability Services at the University of Hawai'i at Manoa Publication

Brain Injury Association of Canada Publication

Australasian Rehabilitation Nurses' Association Publication

American Association of Neuroscience Nurses Publication

United Brains — A Network of Self-help and Self-advocacy and support groups for people with an Acquired Brain Injury (ABI) throughout Victoria

Empowering Veterans.org

Science blogs.com – Neurophilosophy

Synapse – Reconnecting Lives, Queensland, Australia Publications

Resiliency Center.com <https://secondchancetolive.org/about-second-chance-to-live/>

Thrive — The Geoffrey Udall Centre Beach Hill Reading RG7 2AT Growth Point Journal Support for Change

Accord Services – Excellence in Health Care For Case Managers, Adjusters, Clients and Caregivers Helpful Links

Google's Custom Search for Suggested Websites for Brain Injury Information

Kansas Commission on Disability Concerns

NRI Neurologic Rehabilitation Institute at Brookhaven Hospital — An inspiring project  
and great tools for recovery and life Rolf Gainer Ph.D.  
Texas Brain Injury Alliance – Caregiving Resources

Brain Injury Connection — Connecting Survivors, Caregivers, Providers and Community

Kids Thank a Veteran.com

WorldNews.com — A Leadership And Life Model Based On Humility

No Limits to Life Blog

American Association of Neuroscience Nurses (AANN)

Mivzak On Israel

San Juan Center for Independence – Gallup, New Mexico

Southern Maryland Brain Injury Support Blog

American Association of People with Disabilities AAPD

Missouri Developmental Disability Center

Able Data — Your Source for Assistive Technology Information

NYS Independent Living Council, Inc.

Mental Health Foundation, UK

Every Patient's Advocate — A blog about patient empowerment, advocacy, safety,  
consumerism and tools to navigate the dysfunction of American health care.

Broken Brilliant – Brilliant Mind Blog

New Horizons Un-Limited: Community and Internet Resources

Aphasia Hope Foundation Blog

Craig Hospital – Caring exclusively for patients with spinal cord and brain injuries  
Resources and other Websites of Interest

Psychiatric Weekly: psychiatric news, information, education

Accord Services Healthcare Excellence Resources

Fred' Head Companion – American Printing House for the Blind

Brain Injury Association of Niagara Blog

Hinds Feet Farm – Huntersville, NC

Brain Injury Association of PEEL & HALTON

Brain Injury Association of Texas Blog

Central Florida Brain Injury Support Group — Brain Injury and Other Organizations

Brains – On the Philosophy of Mind and Related Matters

A Soldiers Perspective Blog TBI Encouragement Blog

Wounded Warriors 2nd Verse — Heroes Overcoming Obstacles — Cav Mom  
Support for Change Newsletter\

Carry the Flame, Inc. Blog

Brain Injury Directory Promoting Brain Injury Survivor Self-Advocacy and Collective  
Advocacy — Motivational Speakers

The Bone Daddies Road to Recovery Useful Links

Brain Injury.com

Colterworks Missing Pieces – Mending the Head Injury Family Blog

Neuroeconomics Center for the Study of Neuroeconomics at George Mason University

Supporting Recovering American Soldiers – Laura Benjamin

Access Ability – Gathering of Resources for Traumatic Brain Injury

Arizona Sunshine TBI Blog – Traumatic Brain injury and Comfort

Wisdom of Healing – Blog Archive – Carnival of Healing #96

FirstPost — [http://www.firstpost.com/topic/disease/brain-injury-neuroplasticity-muscle-  
memory-coordination-agility-and-cr-video-rvf-Wz1msSY-50859-1.html](http://www.firstpost.com/topic/disease/brain-injury-neuroplasticity-muscle-memory-coordination-agility-and-cr-video-rvf-Wz1msSY-50859-1.html)

The Dragon Slayers Guide to Life: Carnival of Change

Iraq War Veterans Service – Iraq War Veterans Organization — Fermin Jiminez

We Must Support Our Injured Veterans – E-zine Articles

Brain Injury Resource — Links and Publications

Watergate Summer

Northeast Center for Special Care

TBI Residential and Community Resources

Brain Trust Canada – Serving People with Brain Injuries

Harbor Speech Pathology Resources

Brain Injury Association of Texas

Abandonment Recovery.com – Links

Renown Health Resources  
The Brain Injury Peer Visitor Association  
Independence, Inc. Resources  
Brain Injury Alliance of Wisconsin  
Brain Injury Alliance of Oregon  
Brain Injury Handbook, Rehab UK  
Synapse – The Official Journal of the Brain Injury Associations of Australia  
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