



**Are you Living with a Brain Injury  
and an Invisible Disability?**

**Don't Let Anyone Tell You  
(Including Yourself)**

**That**

**You are not Smart Enough  
You Do Not have Enough Heart  
You Lack Courage**

**Video Presentation e Book**

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## Introduction

Living with a brain injury and an invisible disability can leave us feeling like the Scarecrow, the Tin Woodman and the Cowardly Lion in the movie, The Wizard of Oz.

Feeling as though we are not smart, that we lack heart (motivation and drive) and the courage (ability/ambition) to follow and live our hopes and dreams one day at a time.

But there is good news. We have the smarts, heart and courage to discover what works for us. What works for us to achieve, follow and live our hopes and dreams.

In this video presentation e Book, I would like to share with you what has helped me to discover what works for me. What works for me because of my smarts, heart and courage to achieve, follow and live my hopes and dreams.

May you also be encouraged to discover what works for you to achieve, follow and live your hopes and dreams.

“If you advance confidently in the direction of your dreams and endeavor to live the life that you have imagined...you will meet with a success unexpected in common hours.”

Henry David Thoreau

I have written 11 other e Books that are in PDF and free to read. To access these e Books, click on this link: [e Books](#).

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## **Discovering a “New Normal” after Experiencing a Brain Injury Video Presentation Series Part 1**

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## **Discovering a “New Normal” after Experiencing a Brain Injury Video Presentation Series Part 2**

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## **Discovering a “New Normal” after Experiencing a Brain Injury Video Presentation Series Part 3**

[Discovering a “New Normal” after Experiencing a Brain Injury Video Presentation Series Part 3](#)

## **When Circumstances Change our Plans and Dreams Video Presentation**

[When Circumstances Change our Plans and Dreams Video Presentation](#)

# **Finding Purpose after Brain Injury Power Point Presentation (Including Video Presentation)**

[Finding Purpose after Brain Injury Power Point Video Presentation](#)

## **Sharing Hope after Brain Injury and Stroke Zoom Power Point Presentation (Including Video Presentation)**

[Sharing Hope after Brain Injury and Stroke Zoom and Power  
Point Presentations](#)

## **About the Author**

I am a traumatic brain injury and survivor. My traumatic brain Injury occurred as a result of a motor vehicle accident in 1967 when I was 10 years old. I sustained an open skull fracture, right frontal lobe damage, a severe brain bruise with brain stem involvement. In 1967 there was not much known about brain injuries or neurological rehabilitation. Once my external wounds healed my traumatic brain injury was never again considered to be a factor in my development or my difficulties. Difficulties in my social interactions and through my educational and vocational pursuits for many years despite my hard work and diligence.

Because I was able to teach myself how to walk, talk, read, write and speak in complete sentences the effects of the injury to my brain became invisible and hidden. Although I was not expected to succeed beyond high school academically, I was able to graduate on time with my high school class. I then went on to obtain my undergraduate degree (4 majors, 2 universities and one junior college) in 10 years and graduate degree (2 different grad schools) 3 1/2 years. I later discovered that the difficulties that I encountered during both my undergraduate and graduate degree programs were due to the residuals from my brain injury.

In addition to having difficulties in both my undergraduate and graduate programs I had a long history of getting and losing jobs. While working as a vocational rehabilitation counselor with the Department of Vocational Rehabilitation in Florida, I became a client of that Department of Vocational Rehabilitation. After being recruited to North Carolina and then being fired from that job, I applied for my 3rd SSDI application.

## About the Author (Continued)

I also applied to and became a client of the North Carolina Department of Vocational Rehabilitation. After completing the evaluation process, my vocational rehabilitation counselor reported that I was unemployable. Shortly, after being terminated as a client of the Department of Vocational Rehabilitation, my 3rd application for SSDI was approved in 1998.

Although I was deemed to be unemployable and declared disabled by the Social Security Administration, I still had a desire to use my gifts, talents and abilities. After 7 years of searching (writing poems, an autobiography, and a book that I could not get published) I was encouraged to start a blog.

I created Second Chance to Live on February 6, 2007. Since that time, I have written articles, e Books, created video and slide show presentations and inspirational posters. Click on this link to access these articles, eBooks, presentations and posters: [Resources](#)

