Are you Living with a Brain Injury and an Invisible Disability?

Don’t Let Anyone Tell You (Including Yourself)

That

You are not Smart Enough
You Do Not have Enough Heart
You Lack Courage

Video Presentation e Book

Craig J. Phillips MRC, BA
Second Chance to Live
secondchancetolive.org
Introduction

Living with a brain injury and an invisible disability can leave us feeling like the Scarecrow, the Tin Woodman and the Cowardly Lion in the movie, The Wizard of Oz.

Feeling as though we are not smart, that we lack heart (motivation and drive) and the courage (ability/ambition) to follow and live our hopes and dreams one day at a time.

But there is good news. We have the smarts, heart and courage to discover what works for us. What works for us to achieve, follow and live our hopes and dreams.

In this video presentation e Book, I would like to share with you what has helped me to discover what works for me. What works for me because of my smarts, heart and courage to achieve, follow and live my hopes and dreams.

May you also be encouraged to discover what works for you to achieve, follow and live your hopes and dreams.

“If you advance confidently in the direction of your dreams and endeavor to live the life that you have imagined…you will meet with a success unexpected in common hours.” Henry David Thoreau

I have written 11 other e Books that are in PDF and free to read. To access these e Books, click on this link: e Books.
# Table of Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction</td>
<td>2</td>
</tr>
<tr>
<td>Adversity, Life and Choosing to Live My Dreams each Day Video Presentation</td>
<td>12</td>
</tr>
<tr>
<td>Living with a Brain Injury and New Ways of Learning Video Presentation</td>
<td>13</td>
</tr>
<tr>
<td>Feeling Overwhelmed — What to Do Now with My Time? Video Presentation</td>
<td>14</td>
</tr>
<tr>
<td>Traumatic Brain Injury and the Illusion of Failure Video Presentation</td>
<td>15</td>
</tr>
<tr>
<td>Moving Beyond a Survivor Mindset to Excel in Life Video Presentation</td>
<td>16</td>
</tr>
<tr>
<td>You Are Not Crazy. You have an Invisible Disability Video Presentation</td>
<td>17</td>
</tr>
<tr>
<td>The Cracked Pot and Embracing the Beauty of Our Flaws Video Presentation</td>
<td>18</td>
</tr>
<tr>
<td>Learning to Live My Life Once Again with Hope Video Presentation</td>
<td>19</td>
</tr>
<tr>
<td>Loving Ourselves Unconditionally after a Brain Injury Video Presentation</td>
<td>20</td>
</tr>
<tr>
<td>Abraham Lincoln and Not Giving Up on Your Dreams Video Presentation</td>
<td>21</td>
</tr>
<tr>
<td>Choosing Sanity and Learning to Trust Ourselves after a Brain Injury Video Presentation</td>
<td>22</td>
</tr>
<tr>
<td>Living with the Impact of a Brain Injury, Anger and Resentment Video Presentation</td>
<td>23</td>
</tr>
<tr>
<td>Some Lessons Learned through the Struggle of My Expectations Video Presentation</td>
<td>24</td>
</tr>
</tbody>
</table>
Brain Injury, Facing Denial and Creating Hope to Have a Good Life Presentation Part 1 ......................................................... 25

Brain Injury, Facing Denial and Creating Hope to Have a Good Life Presentation Part 2 ......................................................... 26

Living with the Impact of a Brain Injury and Asking, “Why Me?” Video Presentation ......................................................... 27

Attending College, University and Graduate School after a Brain Injury Video Presentation Part 1 ........................................ 28

Attending College, University and Graduate School after a Brain Injury Video Presentation Part 2 ........................................ 29

Brain Injury — Why do I Feel so Misunderstood and Shunned Slideshow Presentation .................................................. 30

Surviving a Brain Injury — Will I ever Feel Normal Again? Slideshow Presentation ......................................................... 31

Has Drama Replaced Living One Piece at a Time with Depression? Slideshow Presentation ........................................ 32

You Don’t Have to Be Perfect to Be Your Own Hero Slideshow Presentation ................................................................. 33

Neuroplasticity, Small Successes and Learning/Relearning Skills and Skill Sets Slideshow ........................................ 34

Creating a Healthy Relationship with Hope Slideshow Presentation ................................................................................... 35

Resentment, The Power of Forgiveness and Setting Ourselves Free Slideshow Presentation ........................................ 36

Who Am I after My Brain Injury? Slideshow Presentation ..... 37

Traumatic Brain Injury, Resilience and Solutions Revealed Slideshow Presentation ......................................................... 38

Emotional Hangovers and What Helps Me to Avoid Them Slideshow .................................................................................. 39
Resentment, Forgiveness, Letting Go and Singing Our Song
Video Presentation ................................................................. 40
Traumatic Brain Injury and a Message of Hope for Parents
Video Presentation .................................................................. 41
Dispelling the Notion of Dis-ability — I Just Do Things in
Ways…Slideshow Presentation.................................................... 42
12 Peer Support Categories Offered on Second Chance to Live
Slideshow Presentation................................................................ 43
“I Feel Normal, You Guys are Weird” Verne Troyer (Mini-Me)
Video Presentation ................................................................... 44
Brain Injury — Discovering Our Significance, Self-Esteem and
Self-Respect Slideshow Presentation............................................ 45
Changing the Way I think about Failure and Success Video
Presentation ................................................................................ 46
Living with a Brain Injury and Achieving Goals in Life
Slideshow Presentation............................................................... 47
Living with a Brain Injury, Life and Living our Dreams
Slideshow Presentation............................................................... 48
Don’t Let Anyone tell You — You Aren’t Enough,
Because…Slideshow Presentation ............................................. 49
Living with a Brain Injury and Achieving Goals in Life
Slideshow Presentation............................................................... 50
The Importance of Owing Our Truth after a Brain Injury
Slideshow Presentation............................................................... 51
Living with the Impact of a Brain Injury and Asking, “Why
Me?” Slideshow Presentation..................................................... 52
Experiencing Adversity, Failures, Setbacks and Not Giving Up!
Slideshow Presentation............................................................... 53
Creating a Healthy Relationship with Hope to Have a Good Life Slideshow Presentation ................................................................. 54
Brain Injury, Facing Denial and Creating Hope to Have a Good Life Part 1 Video Presentation ....................................................... 55
Brain Injury, Facing Denial and Creating Hope to Have a Good Life Part 2 Video Presentation ....................................................... 56
Creating Dreams and Destinies through Puzzle Pieces and Threads Slideshow Presentation ......................................................... 57
When I Accept and Adapt to What I Can Not Change I am Happier Video Presentation ................................................................. 58
Getting Past a “Fast Food” and a “Microwave” Mindset to Enjoy Life Video Presentation ................................................................. 59
The Difference between Ability/Capability after a Brain Injury Video Presentation ........................................................................... 60
Hopes and Dreams after Experiencing a Brain Injury Video Presentation ......................................................................................... 61
Learning to Walk Again after Experiencing a Stroke/Brain Injury Video Presentation ................................................................. 62
Living with the Impact of a Brain Injury and Finding Our Identity Presentation .................................................................................. 63
Taking Steps to Be Who “I AM” to Win in My Life each Day Presentation .......................................................................................... 64
Brain Injury and Being the Best We Can be, Just For Today Presentation .......................................................................................... 65
Limbic System, Fight or Flight Response, Brain Injury Recovery Video Presentation ................................................................. 66
Navigating Life with a Brain Injury and an Invisible Disability Video Presentation ............................................................................ 67
What You may be Telling Yourself may be Limiting You Video Presentation ................................................................................................................................... 68
Nine Habits to Benefit from Using Neuroplasticity Video Presentation ................................................................................................................................... 69
Stroke, Brain Injury, the Benefits of Neuroplasticity Video Presentation ................................................................................................................................... 70
Navigating Life After a Traumatic Brain Injury YouTube Playlists ................................................................................................................................... 71
Freedom from Isolation through Ongoing Brain Injury Peer Support Video Presentation ................................................................................................................................... 72
Learning to Accept Ourselves when Other People Can’t or Won’t Video Presentation ................................................................................................................................... 73
Building Self-Esteem and Finding Purpose after Traumatic Brain Injury Video Presentation ................................................................................................................................... 74
Traumatic Brain Injury and a Decision that Changed my Life Video Presentation ................................................................................................................................... 75
Strengthening Our Mind, Body, and Spirit after a Traumatic Brain Injury Video Presentation ................................................................................................................................... 76
Traumatic Brain Injury, Invisible Disabilities and Abandonment Video Presentation ................................................................................................................................... 77
Acceptance after Brain Injury Not Resignation to a Second-Rate Life Video Presentation ................................................................................................................................... 78
Stroke, Paralyzed on One Side of Your Body and Creating Hope Video Presentation ................................................................................................................................... 79
Brain Injury, Achieving Goals, and What may Be Getting in Your Way Video Presentation ................................................................................................................................... 80
The Value of Telling Our Story after a Traumatic Brain Injury Video Presentation ................................................................................................................................... 81
Experiencing Self-Acceptance after a Traumatic/Acquired Brain Injury Video Presentation ................................................................. 82
Finding Freedom from Feelings of Helplessness after Brain Injury Video Presentation ................................................................. 83
Although You May Feel Stuck at Times, Don’t Give Up! Video Presentation ............................................................................. 84
Looking at Success in a Different Way after a Brain Injury Video Presentation ............................................................................. 85
Brain Injury and Not Judging Your Efforts to Anyone else’s Efforts Video Presentation ................................................................. 86
An Important Question that I NEED to ask Myself, “What do I really want?” Video Presentation ....................................................... 87
Don’t Let Your Fear, Anger, and Guilt Stop You from Living Your Dreams Video Presentation ....................................................... 88
Second Chance to Live Author’s Autobiography Video Presentation .............................................................................................. 89
Brain Injury, New Year’s Resolutions, Resolving to Own Our Power Video Presentation ............................................................... 90
Why and What Might Have Been because of a Traumatic Brain Injury Video Presentation ............................................................... 91
So, What to Do after Letting Go of What Can Not Be Changed? Resilience Video Presentation ....................................................... 92
March, Brain Injury Awareness Month, Is Our Brain Injury Awareness Enough? ........................................................................... 93
Being Mistreated by Someone Close to Us after a Brain Injury Video Presentation ................................................................. 94
Living with a Brain Injury, the Covid-19 Virus and Feelings of Isolation Video Presentation ............................................................. 95
Brain Injury, Suicide and Wishing We Were Never Born Video Presentation ................................................................. 96
Bullying and Anxiety — So Who Did You Give Your Power Away To? Video Presentation................................................. 97
If You Feel Like You Don’t Fit into This World It Is Because You…Video Presentation ......................................................... 98
Living with Limitations Can Leave you and I Believing that We are Stupid Video Presentation ............................................ 99
Updated Finding Purpose after Brain Injury Video Power Point Presentation ................................................................. 100
Grieving the Guilt and Shame of a Traumatic Brain Injury and Stroke Video Presentation .................................................. 101
Traumatic Brain Injury and Bargaining in the Five Stages of Grieving Video Presentation .................................................... 102
Letting Go of Unrealized Expectations to Empower Choice Video Presentation ............................................................... 103
Having and Maintaining Friendships and Relationships after a Brain Injury Video Presentation ........................................... 104
Discovering a “New Normal” after Experiencing a Brain Injury Video Presentation Series Part 1 ........................................... 105
Discovering a “New Normal” after Experiencing a Brain Injury Video Presentation Series Part 2 ........................................... 106
Discovering a “New Normal” after Experiencing a Brain Injury Video Presentation Series Part 3 ........................................... 107
When Circumstances Change our Plans and Dreams Video Presentation ........................................................................ 108
Finding Purpose after Brain Injury Power Point Presentation (Including Video Presentation) ............................................ 109
Don’t Let Anyone tell You — You Aren’t Enough Because…Video Presentation
Adversity, Life and Choosing to Live My Dreams each Day Video Presentation
Living with a Brain Injury and New Ways of Learning
Video Presentation

Living with a Brain Injury and New Ways of Learning Video Presentation
Feeling Overwhelmed — What to Do Now with My Time? Video Presentation

Feeling Overwhelmed — What to Do Now with My Time Video Presentation
Traumatic Brain Injury and the Illusion of Failure Video Presentation

Traumatic Brain Injury and the Illusion of Failure Video Presentation
Moving Beyond a Survivor Mindset to Excel in Life Video Presentation

Moving Beyond a Survivor Mindset to Excel in Life Video Presentation
You Are Not Crazy. You have an Invisible Disability Video Presentation

You are Not Crazy -- You have an Invisible Disability Video Presentation
The Cracked Pot and Embracing the Beauty of Our Flaws Video Presentation
Learning to Live My Life Once Again with Hope Video Presentation
Loving Ourselves Unconditionally after a Brain Injury Video Presentation

Loving Ourselves Unconditionally after a Brain Injury Video Presentation
Abraham Lincoln and Not Giving Up on Your Dreams Video Presentation

Abraham Lincoln and Not Giving Up on Your Dreams Video Presentation
Choosing Sanity and Learning to Trust Ourselves after a Brain Injury Video Presentation

Choosing Sanity and Learning to Trust Ourselves after a Brain Injury Video Presentation
Living with the Impact of a Brain Injury, Anger and Resentment Video Presentation

Living with the Impact of a Brain Injury, Anger and Resentment Video Presentation
Some Lessons Learned through the Struggle of My Expectations Video Presentation

Some Lessons Learned through the Struggle of My Expectations Video Presentation
Brain Injury, Facing Denial and Creating Hope to Have a Good Life Presentation Part 1

Brain Injury, Facing Denial and Creating Hope to Have a Good Life Part 1 Video Presentation
Brain Injury, Facing Denial and Creating Hope to Have a Good Life Presentation Part 2

Brain Injury, Facing Denial and Creating Hope to Have a Good Life Part 2 Video Presentation
Attending College, University and Graduate School after a Brain Injury Video Presentation Part 1
Attending College, University and Graduate School after a Brain Injury Video Presentation Part

Attending College, University and Graduate School after a Brain Injury Part 2 Video Presentation
Brain Injury — Why do I Feel so Misunderstood and Shunned Slideshow Presentation

Brain Injury — Why do I Feel so Misunderstood and Shunned Slideshow Presentation
Surviving a Brain Injury — Will I ever Feel Normal Again? Slideshow Presentation
Has Drama Replaced Living One Piece at a Time with Depression? Slideshow Presentation
You Don’t Have to Be Perfect to Be Your Own Hero
Slideshow Presentation

You Don’t Have to Be Perfect to Be Your Own Hero Slideshow Presentation
Neuroplasticity, Small Successes and Learning/Relearning Skills and Skill Sets Slideshow

Neuroplasticity, Small Successes and Learning/Relearning Skills and Skill Sets Slideshow
Creating a Healthy Relationship with Hope Slideshow Presentation
Resentment, The Power of Forgiveness and Setting Ourselves Free Slideshow Presentation

Resentment, The Power of Forgiveness and Setting Ourselves Free Slideshow Presentation
Who Am I after My Brain Injury? Slideshow Presentation
Traumatic Brain Injury, Resilience and Solutions Revealed Slideshow Presentation

Traumatic Brain Injury, Resilience and Solutions Revealed Slideshow Presentation
Emotional Hangovers and What Helps Me to Avoid Them Slideshow

Emotional Hangovers and What Helps Me to Avoid Them Slideshow
Resentment, Forgiveness, Letting Go and Singing Our Song Video Presentation
Traumatic Brain Injury and a Message of Hope for Parents Video Presentation

Traumatic Brain Injury and a Message of Hope for Parents Video Presentation
Dispelling the Notion of Dis-ability — I Just Do Things in Ways…Slideshow Presentation
12 Peer Support Categories Offered on Second Chance to Live Slideshow Presentation
“I Feel Normal, You Guys are Weird” Verne Troyer (Mini-Me) Video Presentation
Changing the Way I think about Failure and Success Video Presentation
Living with a Brain Injury and Achieving Goals in Life Slideshow Presentation

Living with a Brain Injury and Achieving Goals in Life Slideshow Presentation
Living with a Brain Injury, Life and Living our Dreams
Slideshow Presentation

Living with a Brain Injury, Life and Living our Dreams
Slideshow Presentation
Don’t Let Anyone tell You — You Aren’t Enough, Because…Slideshow Presentation

Don’t Let Anyone tell You — You Aren’t Enough, Because…Slideshow Presentation
Living with a Brain Injury and Achieving Goals in Life Slideshow Presentation

Living with a Brain Injury and Achieving Goals in Life Slideshow Presentation
The Importance of Owning Our Truth after a Brain Injury Slideshow Presentation

The Importance of Owning Our Truth after a Brain Injury Slideshow Presentation
Living with the Impact of a Brain Injury and Asking, “Why Me?” Slideshow Presentation
Experiencing Adversity, Failures, Setbacks and Not Giving Up! Slideshow Presentation

Experiencing Adversity, Failures, Setbacks and Not Giving Up! Slideshow Presentation
Creating a Healthy Relationship with Hope to Have a Good Life Slideshow Presentation

Creating a Healthy Relationship with Hope to Have a Good Life Slideshow Presentation
Brain Injury, Facing Denial and Creating Hope to Have a Good Life Part 1 Video Presentation

Brain Injury, Facing Denial and Creating Hope to Have a Good Life Part 1
Brain Injury, Facing Denial and Creating Hope to Have a Good Life Part 2 Video Presentation

Brain Injury, Facing Denial and Creating Hope to Have a Good Life Part 2
Creating Dreams and Destinies through Puzzle Pieces and Threads Slideshow Presentation

Creating Dreams and Destinies through Puzzle Pieces and Threads Slideshow Presentation
When I Accept and Adapt to What I Can Not Change I am Happier Video Presentation
Getting Past a “Fast Food” and a “Microwave” Mindset to Enjoy Life Video Presentation
The Difference between Ability/Capability after a Brain Injury Video Presentation
Hopes and Dreams after Experiencing a Brain Injury Video Presentation

Hopes and Dreams after Experiencing a Brain Injury Video Presentation
Learning to Walk Again after Experiencing a Stroke/Brain Injury Video Presentation
Living with the Impact of a Brain Injury and Finding Our Identity Presentation

Living with the Impact of a Brain Injury and Finding Our Identity Presentation
Taking Steps to Be Who “I AM” to Win in My Life each Day Presentation
Brain Injury and Being the Best We Can be, Just For Today Presentation
Limbic System, Fight or Flight Response, Brain Injury Recovery Video Presentation

Limbic System, Fight or Flight Response, Brain Injury Recovery Video Presentation
Navigating Life with a Brain Injury and an Invisible Disability Video Presentation

Navigating Life with a Brain Injury and an Invisible Disability Video Presentation
What You may be Telling Yourself may be Limiting You Video Presentation
Nine Habits to Benefit from Using Neuroplasticity Video Presentation
Stroke, Brain Injury, the Benefits of Neuroplasticity Video Presentation
Navigating Life After a Traumatic Brain Injury
YouTube Playlists

Navigating Life After a Traumatic Brain Injury YouTube Playlists
Freedom from Isolation through Ongoing Brain Injury Peer Support Video Presentation

Freedom from Isolation through Ongoing Brain Injury Peer Support Video Presentation
Learning to Accept Ourselves when Other People Can’t or Won’t Video Presentation
Building Self-Esteem and Finding Purpose after Traumatic Brain Injury Video Presentation
Strengthening Our Mind, Body, and Spirit after a Traumatic Brain Injury Video Presentation

Strengthening Our Mind, Body, and Spirit after a Traumatic Brain Injury Video Presentation
Traumatic Brain Injury, Invisible Disabilities and Abandonment Video Presentation

Traumatic Brain Injury, Invisible Disabilities and Abandonment Video Presentation
Acceptance after Brain Injury Not Resignation to a Second-Rate Life Video Presentation

Acceptance after Brain Injury Not Resignation to a Second Rate-Life Video Presentation
Stroke, Paralyzed on One Side of Your Body and Creating Hope Video Presentation

Stroke, Paralyzed on One Side of Your Body and Creating Hope Video Presentation
Brain Injury, Achieving Goals, and What may Be Getting in Your Way Video Presentation
The Value of Telling Our Story after a Traumatic Brain Injury Video Presentation
Experiencing Self-Acceptance after a Traumatic/Acquired Brain Injury Video Presentation

Experiencing Self-Acceptance after a Traumatic/Acquired Brain Injury Video Presentation
Finding Freedom from Feelings of Helplessness after Brain Injury Video Presentation

Finding Freedom from Feelings of Helplessness after Brain Injury Video Presentation
Although You May Feel Stuck at Times, Don’t Give Up! Video Presentation

Although You May Feel Stuck at Times, Don’t Give Up! Video Presentation
Looking at Success in a Different Way after a Brain Injury Video Presentation

Looking at Success in a Different Way after a Brain Injury Video Presentation
Brain Injury and Not Judging Your Efforts to Anyone else’s Efforts Video Presentation
An Important Question that I NEED to ask Myself, “What do I really want?” Video Presentation
Don’t Let Your Fear, Anger, and Guilt Stop You from Living Your Dreams Video Presentation

Don’t Let Your Fear, Anger, and Guilt Stop You from Living Your Dreams Video Presentation
Second Chance to Live Author’s Autobiography Video Presentation
Brain Injury, New Year’s Resolutions, Resolving to Own Our Power Video Presentation
Why and What Might Have Been because of a Traumatic Brain Injury Video Presentation

Why and What Might Have Been because of a Traumatic Brain Injury Video Presentation
So, What to Do after Letting Go of What Can Not Be Changed? Resilience Video Presentation

So, What to Do after Letting Go of What Can Not Be Changed? Resilience Video Presentation
March, Brain Injury Awareness Month, Is Our Brain Injury Awareness Enough?

March, Brain Injury Awareness Month, Is Our Brain Injury Awareness Enough?
Being Mistreated by Someone Close to Us after a Brain Injury Video Presentation
Living with a Brain Injury, the Covid-19 Virus and Feelings of Isolation Video Presentation
Bullying and Anxiety — So Who Did You Give Your Power Away To? Video Presentation

Bullying and Anxiety — So Who Did You Give Your Power Away To? Video Presentation
If You Feel Like You Don’t Fit into This World It Is Because You…Video Presentation
Living with Limitations Can Leave you and I Believing that We are Stupid Video Presentation

Living with Limitations Can Leave you and I Believing that We are Stupid Video Presentation
Grieving the Guilt and Shame of a Traumatic Brain Injury and Stroke Video Presentation

Grieving the Guilt and Shame of a Traumatic Brain Injury and Stroke Video Presentation
Traumatic Brain Injury and Bargaining in the Five Stages of Grieving Video Presentation

Traumatic Brain Injury and Bargaining in the Five Stages of Grieving Video Presentation
Letting Go of Unrealized Expectations to Empower Choice Video Presentation
Having and Maintaining Friendships and Relationships after a Brain Injury Video Presentation
Discovering a “New Normal” after Experiencing a Brain Injury Video Presentation Series Part 1

Discovering a “New Normal” after Experiencing a Brain Injury Video Presentation Series Part 1
Discovering a “New Normal” after Experiencing a Brain Injury Video Presentation Series Part 2
Discovering a “New Normal” after Experiencing a Brain Injury Video Presentation Series Part 3
When Circumstances Change our Plans and Dreams
Video Presentation

When Circumstances Change our Plans and Dreams Video Presentation
Finding Purpose after Brain Injury Power Point Presentation (Including Video Presentation)

Finding Purpose after Brain Injury Power Point Video Presentation
Sharing Hope after Brain Injury and Stroke Zoom
Power Point Presentation (Including Video Presentation)

Sharing Hope after Brain Injury and Stroke Zoom and Power Point Presentations
About the Author

I am a traumatic brain injury and survivor. My traumatic brain injury occurred as a result of a motor vehicle accident in 1967 when I was 10 years old. I sustained an open skull fracture, right frontal lobe damage, a severe brain bruise with brain stem involvement. In 1967 there was not much known about brain injuries or neurological rehabilitation. Once my external wounds healed my traumatic brain injury was never again considered to be a factor in my development or my difficulties. Difficulties in my social interactions and through my educational and vocational pursuits for many years despite my hard work and diligence.

Because I was able to teach myself how to walk, talk, read, write and speak in complete sentences the effects of the injury to my brain became invisible and hidden. Although I was not expected to succeed beyond high school academically, I was able to graduate on time with my high school class. I then went on to obtain my undergraduate degree (4 majors, 2 universities and one junior college) in 10 years and graduate degree (2 different grad schools) 3 1/2 years. I later discovered that the difficulties that I encountered during both my undergraduate and graduate degree programs were due to the residuals from my brain injury.

In addition to having difficulties in both my undergraduate and graduate programs I had a long history of getting and losing jobs. While working as a vocational rehabilitation counselor with the Department of Vocational Rehabilitation in Florida, I became a client of that Department of Vocational Rehabilitation. After being recruited to North Carolina and then being fired from that job, I applied for my 3rd SSDI application.
About the Author (Continued)

I also applied to and became a client of the North Carolina Department of Vocational Rehabilitation. After completing the evaluation process, my vocational rehabilitation counselor reported that I was unemployable. Shortly, after being terminated as a client of the Department of Vocational Rehabilitation, my 3rd application for SSDI was approved in 1998.

Although I was deemed to be unemployable and declared disabled by the Social Security Administration, I still had a desire to use my gifts, talents and abilities. After 7 years of searching (writing poems, an autobiography, and a book that I could not get published) I was encouraged to start a blog.

I created Second Chance to Live on February 6, 2007. Since that time, I have written articles, e-Books, created video and slide show presentations and inspirational posters. Click on this link to access these articles, eBooks, presentations and posters: Resources